

Here's what The Cleveland Clinic Has To Say About Young Living Essential Oils:

The 3rd Largest Hospital Is Using Young Living Essential Oils Now!



The Cleveland Clinic is one of the world's best known institutions of medicine and medical research, with special renown in the fields of heart disease and cancer. The nonprofit health network attracts patients needing specialized care, from all over the world.

Read the amazing story of how Young Living Oils are used here:

Under the direction of Dr. Toby Cosgrove, a true visionary and President/CEO of **The Cleveland Clinic**-a \$5 billion healthcare system, we became the first major academic medical center to make patient experience a strategic goal, and the first major healthcare system to appoint a Chief Experience Officer. We adopted the Planetree philosophy and have branded our own Cleveland Clinic version, Patients First.

Our Patients First program assures world class care that addresses the patient's physical comfort as well as their educational, emotional, and spiritual needs. Our Healing Services program is an integral part of our Patients First program and under the Integrative Therapies umbrella, the Healing Services Team provides Reiki, massage, guided imagery and aromatherapy to our staff and patients.

We initially began by using essential oils on our medical/surgical floor. We encouraged and gave financial assistance to the charge nurse to become a certified aromatherapist. She is now a member of both the National Association of Holistic Aromatherapists and the Alliance of International Aromatherapists, and has done a wonderful job of clinically integrating essential oils into our daily practice.

In order to insure consistent quality, we use Young Living Oils exclusively. Most of the oils are used neat, (undiluted), and others are diluted with extra virgin olive oil depending on each situation. We also diffuse Young Living Essential Oils at nursing stations, in our PACU, physician's lounges, and in some offices.

Over the last year, our charge nurse has done several in-services and training sessions throughout the hospital. Through her tireless efforts she has created solid educational relationships with both our orthopedic and general surgery doctors, and regularly gets consults on all floors of the hospital. She

is currently working to educate our medical doctors to get them on board as well.

We regularly treat gout, neuropathy, carpal tunnel, sinusitis, headaches, abdominal pain, kidney stone pain, neuralgia, tennis elbow, arthritis, back pain, leg cramps, post-op hip and knee pain and whatever else comes our way. Each patient's need, including which Young Living Essential Oils were used, is documented in our electronic charting so we can track their outcomes. We always have a good stock of Young Living lavender, peppermint, Peace and Calming, lemongrass, Thieves and plenty of single oils to make blends for gout.

We have great expectations for the future of our aromatherapy program and hope to train enough folks to cover our Cancer Care Center and Pain Clinic, and look forward to the day we can do clinical studies on arthritis, post-op nausea, and hypertension.

We would never even entertain the idea of using any other essential oil in our hospital. Young Living Essential Oils not only provide us with the level of quality we expect, but they are always consistent in their formulation so we are assured of the best possible outcomes for our patients.

Again, thank you for all your help in educating us!

D.J.R., RRT, RM. Co-Chairman, Integrative Therapies, Cleveland Clinic
Healing Services Team

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